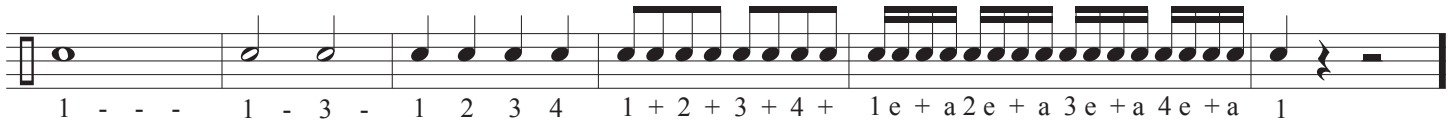


Mallet Warm-ups

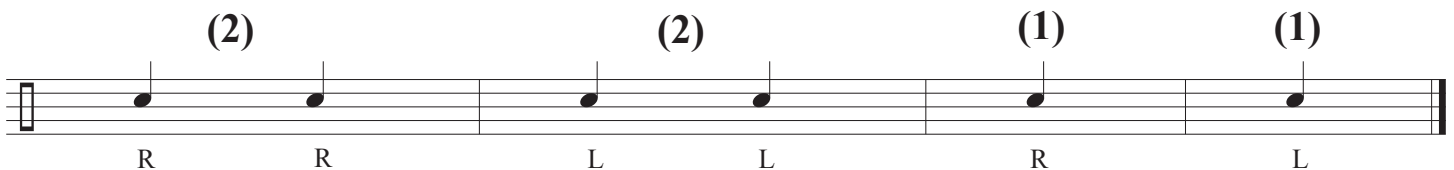
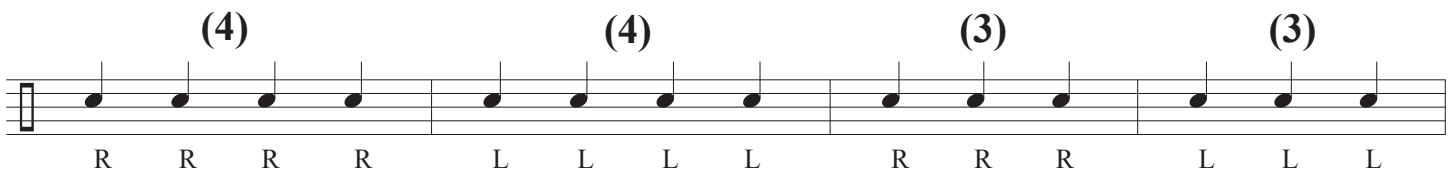
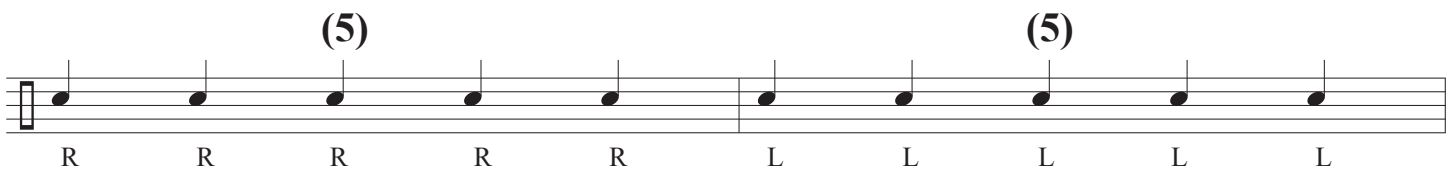
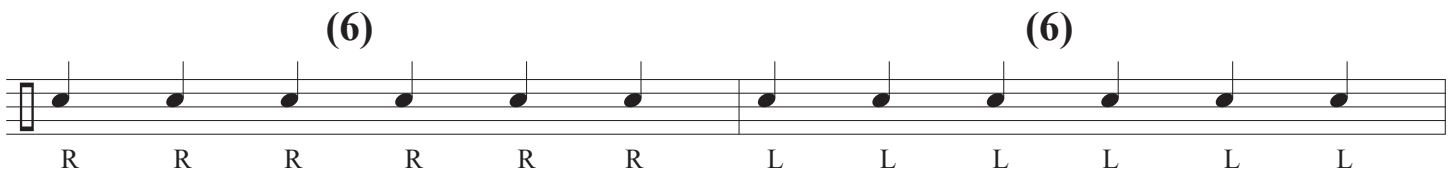
I. Slow - Fast - Slow Focus on evenness in sticking when increasing and decreasing speed.



II. Mallet Control Use a metronome to perform this exercise with rhythmic accuracy and mallet control.



III. Eights (8) Perform this exercise using proper stickings (L or R). Continuously count in your head while **decreasing** and **increasing** the number of strokes per measure.



***Repeat pattern going in opposite direction (1) (2) (3) (4) (5) (6) (7) (8)**